

# MATETSI

VICTORIA FALLS

## Massage Sala

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## The Essence of Africology



The study of Africa.

A place where we strive for wholeness, acceptance, integrity and truth.

Partnering with Africology, a leading luxurious, natural, eco-friendly spa & skincare company, allows us to offer a truly authentic African spa experience for the mind, body and soul. Therapeutic in its approach, Africology only uses all-natural ingredients and essential oils. The luxuriant spa products & soothing treatments, inspired by the wisdom of Africa's traditional healers, celebrate our continent's vibrant heritage, communities & plant life and create an elevated natural experience.

“The best moments in life are the ones when we feel most connected to self, in harmony with nature and the world around us.”

- Renchia Droganis, Founder & CEO Africology



# BODY TREATMENTS

“When the music changes, so does the dance.” - African Proverb

## Africology® Bespoke Intuitive Herbal Oil Massage

You may choose from a range of Africology aromatherapy-infused massage oils, which are warmly applied and massaged deeply onto the body. This therapy works on tight muscles and lymph drainage, combating tension in stiff aching bodies. Massage is combined with herbal bags to improve circulation and absorption of essential oils. Your therapist will assist you in choosing the oil best suited for you from one of the following blends: Relaxing, Slimming Detox, Muscle Relaxing and Energising.

Full body: 90 min | \$120      60min | \$90

## Africology® Majestic Awakening

The treatment begins where your neck, shoulders and scalp are deeply massaged, dissipating tension and stress through touch and aromatherapy.

Back, Neck, Shoulder & Scalp: 45min | \$60

## Africology® Intonga Amasatchi Massage

We know that the body has a memory of all emotional experiences. An inability to let go often expresses itself in the body that can be blamed for low immunity. Intonga Amasatchi is a deep tissue and stress-relieving treatment. Skillful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick or staff represented wisdom and direction to the healer. Created from yellow wood, the traditional healer knew that the energy of earth was a valuable tool.

Full Body: 75min | \$90

# BODY WRAP TREATMENTS

“No act of kindness, no matter how small, is ever wasted.” Aesop

## Africology® African Potato Wrap

Our pure and natural Hypoxis Body Wrap is formulated with African potato and marula oil, warmly applied to soften, soothe and improve skin hydration while also fighting free radical damage. This herbal blend relaxes you on application, while the rich background sounds of Africa help the mind focus on the holistic experience. Enjoy a traditional foot ritual and deeply relaxing scalp massage while the wrap is melted into the skin. Finally, there is a soothing massage with body-conditioning marula oil, which creates a natural barrier to hold in moisture and improve collagen and elastin, to complete the experience.

120min | \$180

90 min | \$120

# HAND AND FOOT TREATMENTS

“Fall in love with caring for yourself.” Anon.

## Africology® Potato Experience

This relaxing remedy is about treating the skin and nails naturally to keep them hydrated and therefore flexible and strong. An intensely hydrating African potato wrap, blended with natural antioxidants is applied to ensure continued skin health and to rejuvenate the hands and feet. While the wrap sinks into the skin, the shoulders are also massaged.

Africology® Africa Potato Pedicure: 80 min | \$60

Africology® Africa Potato Manicure: 60 min | \$55

Africology® Manicure & Pedicure Combo: 120 min | \$100

## Express Treatments

Sit back, relax and soak in the wonders of the African bush, while your hands and feet are pampered. Your treatment will start with a nail cleanse, followed by shape and buff. Exfoliation and a moisturising massage with an African potato wrap will give your hands and feet a fresh feel. During the wrap enjoy a scalp/neck and shoulder massage. Finally, give your fingers and toes a final touch with one of the fabulous colours from our O.P.I. range.

Express Pedicure: 45 min | \$40

Express Manicure: 30 min | \$30

# MATETSI CUB TREATMENTS

As part of our Matetsi Cubs children's program, we offer a number of treatments specifically for our younger guests. The perfect way to relax during an exciting fun-filled stay at Matetsi Victoria Falls.

## Massage

Full body: 30 min | \$90

## Parent and Cub Massage

Full Body: 45min | \$120 (for 2 guests - subject to availability of therapists)

## Foot Massage

20min | \$30

## Pedicure - File and Paint

20min | \$20

## Manicure - File and Paint

15min | \$15

“As we let our own light shine, we unconsciously give other people permission to do the same.” Nelson Mandela

