

MESSAGE LIST



BODY TREATMENT MENU

Quiet Mind Journey

Your selection of aromatherapy and plant oils blend; deep tissue massage, selection of de-stress, hydrate, relax or detox treatment.

Full body: 90 min | \$120

Back and Neck only: 45 min | \$80 / 30 min | \$60

Healing Earth African Shea Butter Ritual

African Shea Butter for powerful healing and nourishing: Relaxing, nourishing and energizing full body massage, with deep tissue targeting techniques.

Full Body and Scalp: 75 min | \$90

Back, Neck and Scalp: 45 min | \$60

Soul of the Earth Celebration

Ancient tools and techniques inform modern excellence: African aromatherapy oils and botanical body balms; traditional Calabash and Bamboo tools, rhythmic human touch for ultimate mind-body-soul balance. Select African Potato's Ancient Healing powers, Marula Neroli's Sensory Indulgence, Kalahari Melon's Hydrating Properties, Mongongo Nut to Detox or Cinnamon and Orange to Firm and Tone

Full Body and Scalp: 90 min | \$160

Back and Scalp: 60 min | \$110

Earth Glow Body Polish and Wrap

A dry polish exfoliation, followed by full body polish; a wrap and then full body massage. Choose African Potato's Ancient Healing powers, Marula Neroli's Sensory Indulgence, Kalahari Melon's Hydrating Properties, Mongongo Nut to Detox or Cinnamon and Orange to Firm and Tone.

120 min | \$180

Healing Earth African Shea Butter Ritual

African Shea Butter for powerful healing and nourishing: Relaxing, nourishing and energizing full body massage, with deep tissue targeting techniques.

Full Body and Scalp: 75 min | \$90

Back, Neck and Scalp: 45 min | \$60

AFRICAN HAND AND FOOT TREATMENTS

African Footprint Ritual

Hydrated, softened, silky smooth feet and hands: First, soak in African Joy energizing salt soak, then burnish with refreshing peppermint and eucalyptus scrub, and cosset in African Shea Butter. Finally, a shoulders and scalp massage, and cooling foot gel.

30 min | \$50

African Handprint Ritual

Hands are polished with pure Peppermint and Aloe Vera, cuticles are restored with indigenous healing oils. Then, with hands wrapped in African Shea Butter, shoulders and scalp are massaged. Concludes with a nourishing Pinotage oil massage and hands feeling beautifully rejuvenated.

30 min | \$50

YOUNG ADVENTURERS BEAUTIES AND BUDDIES

A young adventurer needs pampering too

Hydrated, softened, silky smooth feet and hands: First, soak in African Joy energizing salt soak, then burnish with refreshing peppermint and eucalyptus scrub, and cosset in African Shea Butter. Finally, a shoulders and scalp massage, and cooling foot gel.

Full Body and Scalp: 75 min | \$90

Back, Neck and Scalp: 45 min | \$60